## **Insurance Checklist for Clients**

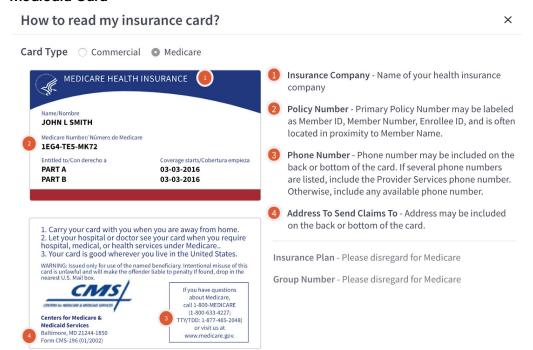
Catalyst can give you a best guess at what you will owe at time of service, however each client is ultimately responsible for his/her copayment and/or deductible. All inquiries into pre-certification, benefits, treatment plans (if necessary), coverage, etc. are the client's responsibility.

We recognize that understanding your insurance and mental health coverage can be confusing and overwhelming. With this checklist in front of you, you can call the toll-free member services number on the back of your insurance ID card and gather this important information.

Insurance Information
Insurance Company
Member ID#
Group #
Provider Services Phone # (Located on back side of card)
What is your co-payment for outpatient mental health services (per session)?
Are mental health providers considered specialists and does this impact my co-pay?
2. Do you have a deductible? NO YES
If yes, what is the deductible amount?
If so, how much of that has been met?
3. Do you need a referral from your primary care physician? NO YES
If Yes, What is the name of your Primary Care Physician?
Phone Number
Did you ask them to send your insurance provider a referral? NO YES, they sent it on
4. Does your plan require pre-authorization? NO YES
5. Does your employer offer EAP services? NO YES
If yes, what is the authorization number?
How many sessions are you approved for?
What are the start and end dates of authorization



## **Medicaid Card**



## **Private/Commercial Insurance Cards**

How to read my insurance card?

